SARAH HILL COACHING LLC

Parent Coaching Services Agreement

*This Parent Coaching Services Agreement ("Agreement") is entered into by and between **Sarah Hill Coaching LLC** ("Coach," "we," or "us") and the undersigned client ("Client" or "you").*

1. NATURE OF COACHING

Parent coaching is a collaborative partnership designed to help you navigate decisions, manage daily chaos, lighten the emotional and mental load, and identify clear next steps for your family.

- **Strategic Sounding Board:** Coaching provides an empathetic, judgment-free space to explore challenges, establish priorities, and develop tailored strategies for your parenting path.
- **Client-Led Accountability:** You remain fully responsible for your choices, decisions, and outcomes. The Coach provides guidance, perspective, and support, but does not guarantee specific behavioral or developmental results.

2. BOUNDARIES & SCOPE OF SERVICES (WHAT COACHING IS & ISN'T)

> **Important Boundary Notice:** Coaching is standard professional guidance and support; it is distinct from clinical medical, psychological, or legal services.

- **NOT Therapy or Mental Health Treatment:** Coaching is not psychotherapy, mental health counseling, crisis intervention, or medical treatment. Coaching does not involve diagnosing or treating mental health disorders or clinical conditions.
- **NOT Medical or Clinical Advice:** Coaching does not substitute for medical, psychiatric, or developmental evaluations or prescribed treatments.
- **NOT Legal, Educational, or IEP Advocacy:** Coaching does not constitute legal representation, educational advocacy, or formal representation in school district or IEP/504 meetings.
- **Complementary Support:** Coaching is designed to serve as dedicated support alongside whatever medical, therapeutic, educational, or clinical care your family already has in place.

3. CONFIDENTIALITY

The Coach respects the privacy of your family and will maintain strict confidentiality regarding all discussions, session notes, and records, except under the following legally required exceptions:

- Threat of imminent harm to yourself, your child, or others.
- Suspected child abuse, elder abuse, or neglect required to be reported by law.
- Compliance with a valid court order or legal subpoena.

4. SESSIONS, APPOINTMENTS, & CANCELLATIONS

- **Session Length:** Standard coaching sessions are 50 minutes in duration.
- **Promptness:** Sessions will start and end on time. If you arrive late, the session will still conclude at the scheduled end time.
- **Cancellation & Rescheduling Policy:** Please provide at least **24 hours' advance notice** if you need to cancel or reschedule a session. Cancellations made with less than 24 hours' notice or missed sessions ("no-shows") are non-refundable and subject to the full session fee.

5. FEES & PAYMENT TERMS

- **Single Sessions (1:1 Parent Coaching):** $150 per 50-minute session, due at or prior to the time of booking.
- **3-Pack Coaching Bundle:** $400 upfront for 3 sessions. Bundle sessions must be redeemed within six (6) months of purchase.
- **Payment Processing:** Payments are securely processed electronically via credit card prior to scheduled sessions.

6. TERMINATION & REFUND POLICY

Either party may terminate the coaching relationship at any time by providing written notice via email.

- **Single Sessions:** Pre-paid single sessions canceled with at least 24 hours' advance notice may be rescheduled or refunded. Cancellations made with less than 24 hours' notice or missed sessions ("no-shows") are non-refundable and non-transferable.
- **3-Pack Coaching Bundles:** Bundles are purchased as a discounted package. If you choose to terminate services prior to completing all three sessions, any partial refund for unused sessions is granted solely at the Coach's discretion and will be calculated by deducting the full, standard single-session rate ($150) for all completed sessions from the initial bundle payment ($400).
- **Completed Sessions:** Fees paid for completed coaching sessions are non-refundable under any circumstances.
- **Coach-Initiated Termination:** If the Coach determines in good faith that the coaching relationship is no longer a suitable fit or falls outside the scope of practice, the Coach reserves the right to terminate services immediately and will refund any unused, un-rendered sessions on a pro-rata basis.

7. ACKNOWLEDGMENT & SIGNATURE

By signing or submitting this Agreement electronically, you acknowledge that you have read, understood, and agreed to all terms, scope boundaries, and policies outlined above.

CLIENT PRINTED NAME

CLIENT SIGNATURE

DATE

COACH SIGNATURE (SARAH HILL COACHING LLC)